Bethany Community Centre

Week beginning April 20th

		9.00	9.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00
Monday	Main Hall																					Pilates				
	Minor Hall																									
	Committee																									
Tuesday	Main Hall			Armchair Exercise																						
	Minor Hall				NICHS																					
	Committee																									
Wednesday	Main Hall					Doctors' Surgery						Sewing Group														
	Minor Hall																									
	Committee																									
Thursday	Main Hall																					Keep Fit				
	Minor Hall																					Yoga				
	Committee																									
Friday	Main Hall																									
	Minor Hall																			Irish Dancing						
	Committee																									
Saturday	Main Hall	Sonal Sortz																								