

# Bethany Community Centre

beginning September 2<sup>nd</sup> 2024

		9.00	9.30		10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	
Monday	Main Hall																						Pilates					
	Minor Hall																											
	Committee																											
Tuesday	Main Hall				Armchair Exercise																		Bowls					
	Minor Hall																											
	Committee					Chest, Heart, Stroke																						
Wednesday	Main Hall					Doctor's Surgery																						
	Minor Hall																											
	Committee																											
Thursday	Main Hall																					Keep Fit		Bowls				
	Minor Hall																											
	Committee																											
Friday	Main Hall																											
	Minor Hall																					Irish Dancing						
	Committee																						Coffee Morning Prep					
Saturday	Main Hall		Coffee Morning																									
Sunday	Main Hall																					Indian Community						

